

# Level 2 Certificate in the **Principles of Care Planning**



## Course overview

**Care planning relates to addressing an individual's full range of needs whilst accounting for their circumstances and preferences. It helps individuals to become involved in decisions about their care and to achieve the outcomes they want. Care planning plays an important role in healthcare and creates a person-centred approach to care.**

This qualification will allow you to understand your role in supporting the preferences and needs of individuals in relation to their care and support. It also enables you to develop and implement care plans, and contribute to the review of these by observing, monitoring and reporting on the care activities you are responsible for.



## Level 2 Certificate in the Principles of Care Planning

### Who is suitable?

This qualification is suitable for learners who are looking to enter into, or progress within, employment in a variety of sectors and job roles where an understanding of care planning is required. This qualification is suitable for learners aged 16 and above.

### Learning method

Studying via distance learning means you can choose when and where you study. We ensure you get all of the support you need throughout your course in the form of a personal tutor and customer service advisor.

This course is available:



**Paper-based**



**Paper-based learning with online assessments.**

All of our award-winning, paper-based learning resources are of the highest quality and are designed to be engaging and interactive to keep you focused on your learning at all times.

### What you will learn

**The course is split into six manageable units:**

- Unit 1:** Understanding person-centred thinking and planning
- Unit 2:** Care planning for the care worker
- Unit 3:** Understanding nutrition and hydration in health and social care settings
- Unit 4:** Principles of supporting an individual to maintain personal hygiene
- Unit 5:** Understanding continence care
- Unit 6:** Principles of supporting sleep.

### Benefits

- Gain a nationally recognised qualification
- Establish a long-standing career pathway within the care industry
- This course is delivered via distance learning, allowing you to choose when and where you study
- Study will enhance both your personal skills and professional development
- Personal tutors are assigned to you, to ensure you have the support needed to succeed.